



Quality for Health



FOOTWEAR & FOOT CARE

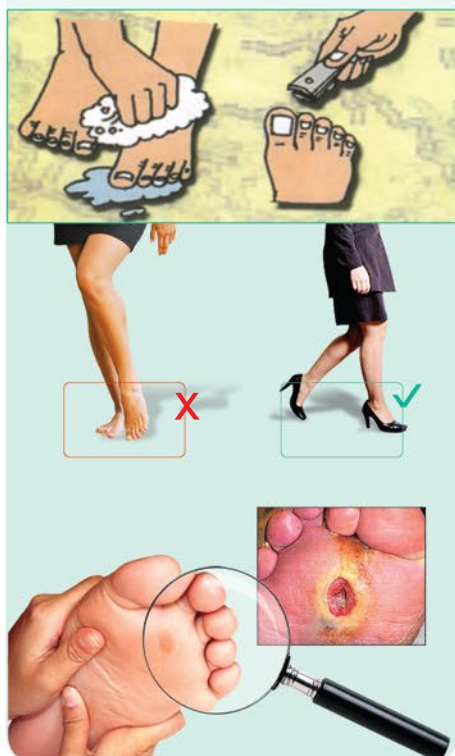
Aligns the Feet & Body posture to it's
natural position to restore, the lower limbs to it's natural angles.

55 years of renewing LIFE

about ! Diabetic Foot & Care



How to Look after your Feet



It is a paradox that inspite of great advances in the knowledge and treatment of diabetes, more than 75 years after the discovery of insulin, diabetic foot still continues to be a major problem.

As diabetic patients age, they may develop diminished sensation and decreased peripheral circulation and thus are at an increased chance of developing infections, especially in those with poorly regulated diabetes.

COMMON PROBLEMS IN DIABETIC FOOT

Decreased Blood Supply (Ischaemia)

The ischaemic leg, besides absent or reduced pulses, also has other characteristic features. The skin may become thin and there is usually loss of hair on the foot and ankle. Fissures are very common and ulcers may be painful.

Decreased Sensation (Neuropathy)

- The neuropathic foot also has some characteristic features. The feet tend to be warm and dry and relatively insensitive to touch.
- Neuropathy may affect the muscles of the foot causing clawing of the foot. All this causes the fat pads covering the bones of the feet to be moved away from its position, thus exposing them to weight bearing areas.
- Any weight bearing area without adequate protection tends to open and form a wound. In order to protect the leg, nature offers a mechanism by which it thickens the skin to avoid forming a wound.
- This protective mechanism will lead to problems such as callus and corns in later stages due to irritation of the tissues beneath. These can lead to ulcers.

Infections

- Both Ischaemic and Neuropathic lesions are commonly complicated by infection.
- Common symptoms of infection are fever, redness, swelling or pain. Pus may also be seen in the lesions.

Combined Lessons

- It is common for a patient to have all three symptoms mentioned above occurring at the same time thus a person can have an infected, neuropathic lesion with poor blood circulation.
- To identify and treat the common problems of diabetic foot every individual with diabetes should know what are the abnormalities to look for in their feet.
- Early detection and prompt treatment can help save a lot of lives, let alone legs.

HOW TO LOOK AFTER YOUR FEET ?

- Keep feet clean - wash them regularly.
- Never use razors, knives or corn caps to remove corns.
- Wear shoes or slippers at all times - never walk barefoot.
- Use only lukewarm water - no hot water, heating pads, hot water bottles, iodine or alcohol.
- Keep the feet dry - especially between toes - use unscented powder if necessary.
- Do not let the feet get dry and cracked - use moisturising lotion or cream to keep skin soft.
- Use only medication recommended by your doctor or chiropodist.
- Cut toe nails straight across, not deep into the corners to help avoid ingrown toenails.
- Wear good fitting shoes/slippers - not tight or worn - out ones. Boots should be used only for short periods.
- Check your feet daily and see your doctor or chiropodist immediately about any foot problems.

HOW TO SELF EXAMINE YOUR FEET

- Sit on a bed or comfortable flat surface with legs drawn close to your body.
- Hold a big size mirror beneath your feet 6-12 inches away.

LOOK FOR

- Any cracks • Peeling off of the skin • Abnormally dry skin • Colour change in any particular area
- Any wound that has opened up • Any shiny appearance on the feet.

FEEL YOUR FEET WITH YOUR HANDS FOR

- Abnormally cold feet • Any thickening of skin in the soles, especially beneath the big toe
- Any protruding bone beneath the foot • Any change in shape of the feet
- Swelling of the feet • Localized redness or warmth of the feet • Ulcer or wounds

If you find any abnormality mentioned above, contact your Doctor as soon as possible and do not forget to tell what changes you have lately discovered on your leg.

Diabetic Foot Wear - Women



Code No. **SS 0234 L**
Sizes : 5-10
Colours: Black, Brown



Code No. **SS 027**
Sizes : 5-10
Colours: Black, Brown, Gray



Code No. **SS 225 P**
Sizes : 5-10
Colours: Black, Brown, Gray



Code No. **SS 126 P**
Sizes : 5-10
Colours: Black, Brown, Gray



Code No. **SS 225 E**
Sizes : 5-10
Colours: Black, Brown



Code No. **SS 126 E**
Sizes : 5-10
Colours: Black, Brown, Gray



Code No. **SS 225 J**
Sizes : 5-10
Colours: Black, Brown



Code No. **SS 126 J**
Sizes : 5-10
Colours: Black, Brown



Code No. **SS 0207**
Sizes : 5-10
Colours: Black, Brown, Gray



Code No. **SS 0414**
Sizes : 5-10
Colours: Black, Brown



Code No. **SS 0414 A**
Sizes : 5-10
Colours: Black, Brown

Diabetic Foot Wear in P.U. Sole - Women



Code No. **SS 036**
Sizes : 5-10
Colours: Black, Brown



Code No. **SS 045**
Sizes : 5-10
Colours: Black, Brown, Gray



Code No. **SS 027**
Sizes : 5-10
Colours: Black, Brown

Orthopedic Foot Wear - Women



Code No. **SS 0234 L**
Sizes : 5-10
Colours: Black, Brown



Code No. **SS 225**
Sizes : 5-10
Colours: Black, Brown, Gray



Code No. **SS 126**
Sizes : 5-10
Colours: Black, Brown, Gray



Code No. **SS 0027**
Sizes : 5-10
Colours: Black, Brown, Gray

New Models in Rubber Sole - Women



Code No. **SS 2025**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 4005**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 2214**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1044**
Sizes : 6-11
Colours: Gray



Code No. **SS 1044**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1107**
Sizes : 6-11
Colours: Gray



Code No. **SS 1107**
Sizes : 6-11
Colours: Purple



Code No. **SS 1107**
Sizes : 6-11
Colours: Black



Code No. **SS 1107**
Sizes : 6-11
Colours: Brown

New Models in Rubber Sole - Men



Code No. **SS 0432**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0099**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9234 PU**
Sizes : 6-11
Colours: Black



Code No. **SS 9234 PU**
Sizes : 6-11
Colours: Brown

New Models in Genuine Leather - Men



Code No. **SS 1018**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1103**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1102**
Sizes : 6-11
Colours: Black, Brown, Gray



Code No. **SS 1105**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1011**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1101**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1013**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1035**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1072**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1054**
Sizes : 6-11
Colours: Black, Brown

New Models in P.U. Sole - Men Premium



Code No. **SS 9189**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9099**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9135**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9459**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9279**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9999**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9315**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9045**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9117**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 2349**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 3159**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1179**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9549**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9189**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 9432**
Sizes : 6-11
Colours: Black, Brown, Gray



Code No. **SS 9235**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0234**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0117**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0018**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 1233**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0333**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 135**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 135 (JN)**
Sizes : 6-11
Colours: Black, Brown, Gray



Code No. **SS 0513**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 135 (JM)**
Sizes : 6-11
Colours: Black, Brown, Gray



Code No. **SS 0009**
Sizes : 6-11
Colours: Black, Brown

Diabetic Foot Wear in P.U. Sole - Men



Code No. **SS 0234**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0513**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0018**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0414**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 4005**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0117**
Sizes : 6-11
Colours: Black, Brown



Code No. **SS 0234**
 Sizes : 7-11
 Colours: Black, Brown, Gray



Code No. **SS 0513**
 Sizes : 7-11
 Colours: Black, Brown, Gray



Code No. **SS 0018**
 Sizes : 7-11
 Colours: Black, Brown, Gray



Code No. **SS 135**
 Sizes : 7-11
 Colours: Black, Brown, Gray



Formal Shoes

Code No. **SS 001**
 Sizes : 7-11
 Colours: Black, Brown



Formal Shoes

Code No. **SS 002**
 Sizes : 7-11
 Colours: Black, Brown



Walking Shoes (Light weight)

Code No. **SS 003**
 Sizes : 7-11
 Colours: Black, Brown, Gray, Green, Biege, Peach, Blue



Casual Shoes

Code No. **SS 004**
 Sizes : 7-11
 Colours: Black, Brown



Diabetic Socks for Sole Cushion



Silicon Heel Cushion



Magic Heel Cushion



Silicon Spur Pad



Gel Toe Separators



Diabetic Gel Heel socks



Gel Toe Spreaders



Gel Arch Support



Gel Metatarsal Pad



Silicon Insole



Diabetic Cotton Socks



Gel Bunion



Silicon Digital Cap



Orthotic Arch Support



Metatarsal Gel Strap

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